



# FAQ SHEET

## WHO'S ELIGIBLE

Individuals 18 and older

## HOURS OF OPERATION

Monday - Thursday	6:00AM - 7:30PM
Friday	6:00AM - 7:00PM
Saturday-Sunday	CLOSED

## MEMBERSHIP DUES

Initiation Fee:	\$30
Monthly Dues:	\$30/Month

## AMMENITIES AND EQUIPMENT

### Daily Classes

- ◆ Morning / Noon / Evening
- ◆ All Fitness Levels
- ◆ Variety of Class Types

### Cardiovascular Equipment includes:

- ◆ Star Trac Treadmills
- ◆ Precor EFX Cross Trainers
- ◆ StairMasters
- ◆ Concept II Rowers
- ◆ Tectrix Upright Bikes and LifeCycle Recumbent Bikes

### Paramount Pro Line Circuit Training Equipment includes:

- ◆ Advanced Rotary Technology (A.R.T.) pieces
- ◆ Body Masters Cable Cross Over Machine
- ◆ Smith Machine
- ◆ Free Weights (3-50 lbs) with adjustable benches

Equipment Orientation ◆ 30 Min Classes ◆ Sessional Lockers ◆ Showers ◆ Towels ◆ Parking

**\*\*\* Ask about Personal Training and Fitness Assessment \*\*\***

## **PAYMENT OPTIONS:**

*The Yards memberships are month to month. There are **NO** long-term contracts.*

### **1. Payment Methods:**

New members will pay the first month's dues and initiation fee at the time of enrollment by cash, check or charge.

Billing options include:

- Cash or Check payment on or before the 10<sup>th</sup> of each month
- Credit Card (MasterCard/Visa/AMEX) on or before the 10<sup>th</sup> of each month
- Automatic Credit Card withdrawal made on the 10<sup>th</sup> of each month

*A credit card is kept on file in the event payment by preferred method is not made by 10<sup>th</sup> day of the month*

*\*\* If the 10<sup>th</sup> falls on a weekend or holiday, payment will be processed the following business day \*\**

### ***Monthly membership fees will be pro-rated accordingly:***

- Members joining from the 1<sup>st</sup> -9<sup>th</sup> of the month pay \$30
- Members joining from the 10<sup>th</sup> - 20<sup>th</sup> pay \$20
- Members joining from the 21<sup>st</sup> through the last day of the month pay \$10 for the remaining portion of the current month and \$30 for the following month

### **2. Payroll Deduction through your employer (If applicable):**

This option is for companies who have established a direct payroll deduction for their employees. Payment terms may vary with each independent employer. Please provide a corporate contact person if you would like for us to inquire about setting up a payroll deduction method with your company.

## **JOINING THE YARDS ATHLETIC CLUB:**

- Fill out and return the Health History & Physical Activity Profile (Request by phone at (816) 221-4993, email [yardsathleticclub@gmail.com](mailto:yardsathleticclub@gmail.com) , download from [www.theyardsathleticclub.com](http://www.theyardsathleticclub.com) )
- Schedule your complimentary Equipment Orientation

## **CANCELLING YOUR MEMBERSHIP:**

A cancellation notice must be given to The Yards Staff in writing. The notification must be hand-delivered, mailed or faxed to 816-842-5078. Download form at [www.theyardsathleticclub.com](http://www.theyardsathleticclub.com). **Cancellations via phone or email are not accepted.**

- Cancellation notices must be received in writing by the 20<sup>th</sup> of the current month to terminate membership. Failure to cancel membership by the 20<sup>th</sup> will result in an additional month's fee.

### **The Yards Athletic Club**

Livestock Exchange Building ♦ 1600 Genessee St ♦ Suite 246 ♦ Kansas City, MO 64102

Phone (816) 221-4993 ♦ Fax (816) 842-5078

[www.theyardsathleticclub.com](http://www.theyardsathleticclub.com)



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